

Understanding Neurodiversity

In this Team Talk we will begin to explore the beautiful world of Neurodiversity. We'll consider how we are each part of a diverse and incredible world - Fearfully and Wonderfully made by a Creator God who made us each unique. We'll look in a bit more detail at what is meant by the terms Autism and ADHD and we'll be thinking about how we can create safe spaces that celebrate the uniqueness of every child and enable every child to feel safe, seen and valued.

This session is split into 3 sections. You can complete the whole session in 1 go, which will take about 45m to an hour depending on how chatty your group is!

OR, if you are short on time, you can use this resource over 3 'bite-size' sessions, with each section taking around 15 minutes each.

Section 1 - An Introduction to Neurodiversity

Video 4m12s

- Discussion
- What does the word 'diversity' make you think of?
 - How can we celebrate diversity?
 - What might prevent us from creating environments where every child feels safe, seen and valued?
 - In what ways have you noticed the strength of being part of a diverse team?

Section 2 - Understanding Autism

Video 4m58s

- Discussion A Wonder Moment! - A How? and a Wow!
- A How? Having watched the video - what questions do you have?
 - A Wow! What stood out to you as you watched the video?

Section 3 - Understanding ADHD

Video 2m33s

- Discussion
- What does 'Good Listening' look like to you?
 - Are there any areas of practice in your group that might need to change to enable every child to feel safe, seen and valued?

Reflect

