Book Review



Kindness Grows

Britta Teckentrup Little Tiger publishing

Age: 3-6



It's often the artwork that makes a beautiful picture book - and this one doesn't disappoint! It's such a beautiful book with a clever cut-out on each page that helps tell the story - and the copy I have has a lovely cover that feels nice to hold too!

The gentle rhyming style almost tells two stories in one - with the cutout forming a crack on one side of the page that describes what happens when we are unkind - and a beautiful tree on the other that flourishes as 'kindness grows'.

This is a lovely book that reminds us of the importance and the power of kindness. A great way to explore friendship with our children and how we can be good and kind friends - but also a brilliant way of beginning to reflect on the kindness of Jesus - that reaches into our sadness and loneliness and brings us into friendship with God.





Family Time







Bible Verse

'Be kind and loving to each other.
Forgive each other just as God forgave you in Christ..'
Eph 4:32 ICB



Wonder

- Can you remember a time when someone was kind to you?
- When have you been kind to someone?
- Our bible verse encourages us to be kind, just as God is kind to us. Can you think of any stories in the bible that show us how kind God / Jesus is?



Do

- Have a family kindness challenge get a huge piece of paper and write or draw all of the ways you can think of to be kind - you could even make the challenge trickier by setting a 3 or 5 minute timer!
- How many of the things on your list can you try out this week?



Pray

- Is there someone you can think of who has been unkind to you this week? It is always important to tell a grown up that we trust when someone is unkind. We can also talk to God about it spend a moment telling God the story now.
- How about praying for the person who has been unkind? That they would notice the kindness around them and learn more about God's kindness to them.



Listen

What does kindness mean to God? Spend a few moments asking God that question - what answer comes to your mind?



